

TFEU Employee and Family Assistance Program (EFAP) Committee
Report to the TFEU Winter Membership Meeting - February 24, 2016

The joint committee members are: Donna Coulombe (BCTF), Karen Cheung (TFEU), Kerry Richardson (Unifor), Lydia Chung (TFEU), Whitney Burgess (TFEU)

On January 21, 2016, the joint EFAP committee met with new TFEU committee members, for the first time in some months.

We received updates and information from Donna Coulombe as the management representative. The EFAP program continues to be heavily utilized but of course is completely confidential. One of the extras provided for BCTF staff was the grief counsellor brought in on January 18, 2016.

TFEU reps have met several times since. As the EFAP provider has changed names and updated their web site, TFEU representatives are finalizing updated information for the TFEU website regarding EFAP. We will be meeting with the TFEU Executive on March 11 for approval, then it will be sent to TFEU's web manager to be updated.

At this time, TFEU EFAP reps would like to remind TFEU members to feel free to access this service for themselves and/or their family members. Please keep in mind that services provided by EFAP are meant to be short-term, while long-term care can be accessed through Pacific Blue Cross.

Respectfully submitted:

Whitney Burgess

Karen Cheung

Lydia Chung